

## Spiridon-Dreikampf 2016

GESAMT

G	Name	Vorname	m/w	JG	Alter 2016	AK	5 km Zeit	Pkt.	10 km Zeit	Pkt.2	HM Zeit	Pkt.3	Marathon Zeit	Pkt.4	Pkt. (Gesamt)
1	Parsiegla	Karsta	w	1963	53	W50			38:26	838	1:25:38	779	2:55:10	898	2515
2	Holland	Annika	w	1982	34	W30			38:46	823	1:30:07	712	3:09:44	775	2310
3	van Wel	Reinardus	m	1977	39	M35			31:52	809	1:13:37	691	2:33:09	785	2285
4	Schulze	Nicole	w	1987	29	WH			40:45	735	1:31:54	679	3:10:48	766	2180
5	Hain	Ulrike	w	1977	39	W35			41:32	702	1:33:01	658	3:25:19	653	2013
6	Basel	Jörn	m	1980	36	M35			33:55	656	1:14:45	655	2:39:39	692	2003
7	Rathke	Monika	w	1969	47	W45			41:47	691	1:34:13	636	3:26:46	642	1969
8	Tamms	Jessica	w	1979	37	W35			41:58	684	1:34:52	625	3:39:54	549	1858
9	Vogel	Peter	m	1980	36	M35			35:36	543	1:17:36	570	2:44:51	622	1735
10	Wendt	Kirsten	w	1970	46	W45			43:20	628	1:37:36	577	3:43:28	524	1729
11	Vandrey	Andreas	m	1976	40	M40			36:48	468	1:23:19	416	2:52:22	528	1412
12	Belkaid	Said	m	1967	49	M45			36:28	489	1:22:07	446	2:57:36	466	1401
13	Schulze	Thorben	m	1976	40	M40			36:31	485	1:21:29	463	2:59:14	448	1396
14	Braun	Reiner	m	1967	49	M45			36:18	499	1:22:36	434	2:59:39	443	1376
15	Hasenknopf	Stefan	m	1975	41	M40			36:52	464	1:22:29	437	2:59:53	441	1342
15	Bartels	Nadejda	w	1976	40	W40			47:45	465	1:49:54	385	3:56:33	440	1290
16	Steiniger	Bernd	m	1970	46	M45			37:06	451	1:26:49	334	3:03:59	397	1182
17	Basedow	Grit	w	1970	46	W45			49:09	419	1:54:51	319	4:02:20	405	1143
18	Przibilla	Elisa	w	1961	55	W55			49:57	393	1:55:19	313	4:11:23	354	1060
19	Bartels	Nelia	w	1957	59	W55			49:45	399	1:55:44	308	4:12:20	349	1056
20	Becker	Manfred	m	1968	48	M45			38:49	356	1:26:40	337	3:14:56	291	984
21	Ronowski	Maren	w	1963	53	W50			48:33	438	2:02:57	224	4:22:54	293	955
22	Kautz	Dirk	m	1966	50	M50			39:04	343	1:31:43	234	3:13:40	302	879
23	Baumgart	Peter	m	1959	57	M55			40:44	263	1:31:35	237	3:13:05	307	807
24	Rusch	Daniel	m	1957	59	M55			39:43	310	1:31:25	240	3:27:01	193	743
25	Schröder	Uwe	m	1966	50	M50			40:57	253	1:31:10	265	3:23:42	217	735
26	Kußerow	Martina	w	1957	59	W55			56:22	217	1:57:53	284	4:35:45	232	733
27	Becker	Silke	w	1963	53	W50			52:45	310	2:14:59	114	4:31:19	253	677
28	Heß	Roland	m	1950	66	M65			42:49	178	1:37:30	139	3:19:30	251	568

## Spiridon-Dreikampf 2016

GESAMT

G	Name	Vorname	m/w	JG	Alter 2016	AK	5 km Zeit	Pkt.	10 km Zeit	Pkt.2	HM Zeit	Pkt.3	Marathon Zeit	Pkt.4	Pkt. (Gesamt)
29	Lahmann	Sabine	w	1964	52	W50			48:18	447	1:42:48	74	3:53:42	47	568
30	Erfkamp	Norbert	m	1964	52	M50			43:55	140	1:37:06	145	3:26:31	196	481
31	Wagner	Peter	m	1967	49	M45			43:20	159	1:38:11	130	3:39:03	115	404
32	Schatz	Michael	m	1957	59	M55	20:56	94	43:05	168	1:39:24	114	4:08:08	9	385
33	Baumfelder	Helge	m	1964	52	M50			44:31	121	1:37:44	136	4:03:03	19	276
34	Roth	Carsten	m	1961	55	M55			47:02	56	1:40:30	99	3:40:33	107	262
35	Sühlo	Betram	m	1968	48	M45			45:56	82	1:40:00	106	4:00:34	25	213
36	Thompson	Raymond	m	1952	64	M60			48:03	37	1:51:23	10	3:31:37	160	207
37	Kleiber	Andreas	m	1963	53	M50			45:13	100	1:43:59	62	3:55:20	41	203
38	Fischer	Christian	m	1964	52	M50			45:30	93	1:47:47	31	3:49:10	65	189
39	Baumann	Holger	m	1979	37	M35			44:57	108	1:50:59	13	3:53:57	46	167
40	Kischkel	Markus	m	1973	43	M40			49:13	20	1:47:39	32	3:57:55	33	85
41	Hoffmann	Holger	m	1969	47	M45			46:34	66	1:52:41	6	4:49:37	1	73
42	Beier	Detlef	m	1955	61	M60			48:38	28	1:53:36	4	4:04:48	15	47
43	Bellack	Horst-Dieter	m	1956	60	M60			52:37	1	1:53:43	3	4:04:20	17	21
44	Weinhold	Peter	m	1953	63	M60			53:32	1	1:51:32	10	4:48:06	1	12
45	Kuhlmann	Detlef	m	1954	62	M60			50:14	9	1:55:45	1	4:22:12	1	11
46	Schmidt	Jens	m	1969	47	M45			52:07	1	2:00:57	1	4:36:20	1	3
47	Mc Laughlin	Michael	m	1966	50	M50			55:00	1	2:10:05	1	5:15:18	1	3

## Spiridon-Dreikampf 2016

MÄNNER-GESAMT

G	Name	Vorname	m/w	JG	Alter 2016	AK	5 km Zeit	Pkt.	10 km Zeit	Pkt.2	HM Zeit	Pkt.3	Marathon Zeit	Pkt.4	Pkt. (Gesamt )
1	van Wel	Reinardus	m	1977	39	M35			31:52	809	1:13:37	691	2:33:09	785	2285
2	Basel	Jörn	m	1980	36	M35			33:55	656	1:14:45	655	2:39:39	692	2003
3	Vogel	Peter	m	1980	36	M35			35:36	543	1:17:36	570	2:44:51	622	1735
4	Vandrey	Andreas	m	1976	40	M40			36:48	468	1:23:19	416	2:52:22	528	1412
5	Belkaid	Said	m	1967	49	M45			36:28	489	1:22:07	446	2:57:36	466	1401
6	Schulze	Thorben	m	1976	40	M40			36:31	485	1:21:29	463	2:59:14	448	1396
7	Braun	Reiner	m	1967	49	M45			36:18	499	1:22:36	434	2:59:39	443	1376
8	Hasenknopf	Stefan	m	1975	41	M40			36:52	464	1:22:29	437	2:59:53	441	1342
9	Steiniger	Bernd	m	1970	46	M45			37:06	451	1:26:49	334	3:03:59	397	1182
10	Becker	Manfred	m	1968	48	M45			38:49	356	1:26:40	337	3:14:56	291	984
11	Kautz	Dirk	m	1966	50	M50			39:04	343	1:31:43	234	3:13:40	302	879
12	Baumgart	Peter	m	1959	57	M55			40:44	263	1:31:35	237	3:13:05	307	807
13	Rusch	Daniel	m	1957	59	M55			39:43	310	1:31:25	240	3:27:01	193	743
14	Schröder	Uwe	m	1966	50	M50			40:57	253	1:31:10	265	3:23:42	217	735
15	Heß	Roland	m	1950	66	M65			42:49	178	1:37:30	139	3:19:30	251	568
16	Erfkamp	Norbert	m	1964	52	M50			43:55	140	1:37:06	145	3:26:31	196	481
17	Wagner	Peter	m	1967	49	M45			43:20	159	1:38:11	130	3:39:03	115	404
18	Schatz	Michael	m	1957	59	M55	20:56	94	43:05	168	1:39:24	114	4:08:08	9	385
19	Baumfelder	Helge	m	1964	52	M50			44:31	121	1:37:44	136	4:03:03	19	276
20	Roth	Carsten	m	1961	55	M55			47:02	56	1:40:30	99	3:40:33	107	262
21	Sühlo	Betram	m	1968	48	M45			45:56	82	1:40:00	106	4:00:34	25	213
22	Thompson	Raymond	m	1952	64	M60			48:03	37	1:51:23	10	3:31:37	160	207
23	Kleiber	Andreas	m	1963	53	M50			45:13	100	1:43:59	62	3:55:20	41	203
24	Fischer	Christian	m	1964	52	M50			45:30	93	1:47:47	31	3:49:10	65	189
25	Baumann	Holger	m	1979	37	M35			44:57	108	1:50:59	13	3:53:57	46	167
26	Kischkel	Markus	m	1973	43	M40			49:13	20	1:47:39	32	3:57:55	33	85
27	Hoffmann	Holger	m	1969	47	M45			46:34	66	1:52:41	6	4:49:37	1	73
28	Beier	Detlef	m	1955	61	M60			48:38	28	1:53:36	4	4:04:48	15	47
29	Bellack	Horst-Dieter	m	1956	60	M60			52:37	1	1:53:43	3	4:04:20	17	21
30	Weinhold	Peter	m	1953	63	M60			53:32	1	1:51:32	10	4:48:06	1	12
31	Kuhlmann	Detlef	m	1954	62	M60			50:14	9	1:55:45	1	4:22:12	1	11
32	Schmidt	Jens	m	1969	47	M45			52:07	1	2:00:57	1	4:36:20	1	3
32	Mc Laughlin	Michael	m	1966	50	M50			55:00	1	2:10:05	1	5:15:18	1	3

## Spiridon-Dreikampf 2016

FRAUEN-GESAMT

G	Name	Vorname	m/w	JG	Alter 2016	AK	10 km Zeit	Pkt.2	HM Zeit	Pkt.3	Marathon Zeit	Pkt.4	Pkt. (Gesamt)
1	Parsiegla	Karsta	w	1963	53	W50	00:38:26	838	1:25:38	779	2:55:10	898	2515
2	Holland	Annika	w	1982	34	W30	00:38:46	823	1:30:07	712	3:09:44	775	2310
3	Schulze	Nicole	w	1987	29	WH	00:40:45	735	1:31:54	679	3:10:48	766	2180
4	Hain	Ulrike	w	1977	39	W35	00:41:32	702	1:33:01	658	3:25:19	653	2013
5	Rathke	Monika	w	1969	47	W45	41:47	691	1:34:13	636	3:26:46	642	1969
6	Tamms	Jessica	w	1979	37	W35	00:41:58	684	1:34:52	625	3:39:54	549	1858
7	Wendt	Kirsten	w	1970	46	W45	00:43:20	628	1:37:36	577	3:43:28	524	1729
8	Bartels	Nadejda	w	1976	40	W40	00:47:45	465	1:49:54	385	3:56:33	440	1290
9	Basedow	Grit	w	1970	46	W45	00:49:09	419	1:54:51	319	4:02:20	405	1143
10	Przibilla	Elisa	w	1961	55	W55	00:49:57	393	1:55:19	313	4:11:23	354	1060
11	Bartels	Nelia	w	1957	59	W55	00:49:45	399	1:55:44	308	4:12:20	349	1056
12	Ronowski	Maren	w	1963	53	W50	00:48:33	438	2:02:57	224	4:22:54	293	955
13	Kußerow	Martina	w	1957	59	W55	00:56:22	217	1:57:53	284	4:35:45	232	733
14	Becker	Silke	w	1963	53	W50	00:52:45	310	2:14:59	114	4:31:19	253	677
15	Lahmann	Sabine	w	1964	52	W50	00:48:18	447	1:42:48	74	3:53:42	47	568

## Spiridon-Dreikampf 2016

NACH ALTERSKLASSEN

G	Name	Vorname	m/w	JG	Alter 2016	AK	5 km Zeit	Pkt.	10 km Zeit	Pkt.2	HM Zeit	Pkt.3	Marathon Zeit	Pkt.4	Pkt. (Gesamt)
1	van Wel	Reinardus	m	1977	39	M35			31:52	809	1:13:37	691	2:33:09	785	2285
2	Basel	Jörn	m	1980	36	M35			33:55	656	1:14:45	655	2:39:39	692	2003
3	Vogel	Peter	m	1980	36	M35			35:36	543	1:17:36	570	2:44:51	622	1735
4	Baumann	Holger	m	1979	37	M35			44:57	108	1:50:59	13	3:53:57	46	167
1	Vandrey	Andreas	m	1976	40	M40			36:48	468	1:23:19	416	2:52:22	528	1412
2	Schulze	Thorben	m	1976	40	M40			36:31	485	1:21:29	463	2:59:14	448	1396
3	Hasenknopf	Stefan	m	1975	41	M40			36:52	464	1:22:29	437	2:59:53	441	1342
4	Kischkel	Markus	m	1973	43	M40			49:13	20	1:47:39	32	3:57:55	33	85
1	Belkaid	Said	m	1967	49	M45			36:28	489	1:22:07	446	2:57:36	466	1401
2	Braun	Reiner	m	1967	49	M45			36:18	499	1:22:36	434	2:59:39	443	1376
3	Steiniger	Bernd	m	1970	46	M45			37:06	451	1:26:49	334	3:03:59	397	1182
4	Becker	Manfred	m	1968	48	M45			38:49	356	1:26:40	337	3:14:56	291	984
5	Wagner	Peter	m	1967	49	M45			43:20	159	1:38:11	130	3:39:03	115	404
6	Sühlo	Bertram	m	1968	48	M45			45:56	82	1:40:00	106	4:00:34	25	213
7	Hoffmann	Holger	m	1969	47	M45			46:34	66	1:52:41	6	4:49:37	1	73
8	Schmidt	Jens	m	1969	47	M45			52:07	1	2:00:57	1	4:36:20	1	3
1	Kautz	Dirk	m	1966	50	M50			39:04	343	1:31:43	234	3:13:40	302	879
2	Schröder	Uwe	m	1966	50	M50			40:57	253	1:31:10	265	3:23:42	217	735
3	Erfkamp	Norbert	m	1964	52	M50			43:55	140	1:37:06	145	3:26:31	196	481
4	Baumfelder	Helge	m	1964	52	M50			44:31	121	1:37:44	136	4:03:03	19	276
5	Kleiber	Andreas	m	1963	53	M50			45:13	100	1:43:59	62	3:55:20	41	203
6	Fischer	Christian	m	1964	52	M50			45:30	93	1:47:47	31	3:49:10	65	189
7	Mc Laughlin	Michael	m	1966	50	M50			55:00	1	2:10:05	1	5:15:18	1	3
1	Baumgart	Peter	m	1959	57	M55			40:44	263	1:31:35	237	3:13:05	307	807
2	Rusch	Daniel	m	1957	59	M55			39:43	310	1:31:25	240	3:27:01	193	743
3	Schatz	Michael	m	1957	59	M55	20:56	94	43:05	168	1:39:24	114	4:08:08	9	291
4	Roth	Carsten	m	1961	55	M55			47:02	56	1:40:30	99	3:40:33	107	262
1	Thompson	Raymond	m	1952	64	M60			48:03	37	1:51:23	10	3:31:37	160	207
2	Beier	Detlef	m	1955	61	M60			48:38	28	1:53:36	4	4:04:48	15	47
3	Bellack	Horst-Dieter	m	1956	60	M60			52:37	1	1:53:43	3	4:04:20	17	21
4	Weinhold	Peter	m	1953	63	M60			53:32	1	1:51:32	10	4:48:06	1	12
5	Kuhlmann	Dr. Detlef	m	1954	62	M60			50:14	9	1:55:45	1	4:22:12	1	11
1	Heß	Roland	m	1950	66	M65			42:49	178	1:37:30	139	3:19:30	251	568

## Spiridon-Dreikampf 2016

NACH ALTERSKLASSEN

G	Name	Vorname	m/w	JG	Alter 2016	AK	5 km Zeit	Pkt.	10 km Zeit	Pkt.2	HM Zeit	Pkt.3	Marathon Zeit	Pkt.4	Pkt. (Gesamt)
1	Schulze	Nicole	w	1987	29	WH			40:45	735	1:31:54	679	3:10:48	766	2180
1	Holland	Dr. Annika	w	1982	34	W30			38:46	823	1:30:07	712	3:09:44	775	2310
1	Hain	Ulrike	w	1977	39	W35			41:32	702	1:33:01	658	3:25:19	653	2013
2	Tamms	Jessica	w	1979	37	W35			41:58	684	1:34:52	625	3:39:54	549	1858
1	Bartels	Nadejda	w	1976	40	W40			47:45	465	1:49:54	385	3:56:33	440	1290
1	Rathke	Monika	w	1969	47	W45			41:47	691	1:34:13	636	3:26:46	642	1969
2	Wendt	Kirsten	w	1970	46	W45			43:20	628	1:37:36	577	3:43:28	524	1729
3	Basedow	Grit	w	1970	46	W45			49:09	419	1:54:51	319	4:02:20	405	1143
1	Parsiegla	Karsta	w	1963	53	W50			38:26	838	1:25:38	779	2:55:10	898	2515
2	Ronowski	Maren	w	1963	53	W50			48:33	438	2:02:57	224	4:22:54	293	955
3	Becker	Silke	w	1963	53	W50			52:45	310	2:14:59	114	4:31:19	253	677
4	Lahmann	Sabine	w	1964	52	W50			48:18	447	1:42:48	74	3:53:42	47	568
1	Przibilla	Elisa	w	1961	55	W55			49:57	393	1:55:19	313	4:11:23	354	1060
2	Bartels	Nelia	w	1957	59	W55			49:45	399	1:55:44	308	4:12:20	349	1056
3	Kußerow	Martina	w	1957	59	W55			56:22	217	1:57:53	284	4:35:45	232	733
1	Rathke	Hildegard	w	1953	63	W60			41:47	691	1:34:13	636	3:26:46	642	1969

G	Name	Vorname	m/w	JG	Alter 2016	AK	Alters-Bonus	5 km Zeit	ber. Zeit	Pkt.	ber. Pkt.	Alters-Bonus	10 km Zeit	ber. Zeit3	Pkt.	ber. Pkt.	Alters-Bonus.	HM Zeit	ber. Zeit	Pkt.	ber. Pkt.	Alters-Bonus	Marathon	ber. Zeit.	Pkt.	ber. Pkt.	Pkt. (Gesamt)	ber.Pkt. (Gesamt)
1	van Wel	Reinardus	m	1977	39	M35						0,9708	31:52	30:56	809	884	0,9784	1:13:37	1:12:02	691	742	0,9784	2:33:09	2:29:51	785	834	2285	2334
2	Basel	Jörn	m	1980	36	M35						0,9908	33:55	33:36	656	679	0,9920	1:14:45	1:14:09	655	674	0,9920	2:39:39	2:38:22	692	710	2003	2021
3	Vogel	Peter	m	1980	36	M35						0,9908	35:36	35:16	543	564	0,9920	1:17:36	1:16:59	570	588	0,9920	2:44:51	2:43:32	622	639	1735	1752
4	Belkaid	Said	m	1967	49	M45						0,8968	36:28	32:42	489	745	0,9039	1:22:07	1:14:14	446	671	0,9039	2:57:36	2:40:32	466	680	1401	1615
5	Braun	Reiner	m	1967	49	M45						0,8968	36:18	32:33	499	757	0,9039	1:22:36	1:14:40	434	658	0,9039	2:59:39	2:42:23	443	655	1376	1588
6	Vandrey	Andreas	m	1976	40	M40						0,9640	36:48	35:29	468	550	0,9725	1:23:19	1:21:02	416	475	0,9725	2:52:22	2:47:38	528	586	1412	1470
7	Schulze	Thorben	m	1976	40	M40						0,9640	36:31	35:12	485	569	0,9725	1:21:29	1:19:15	463	523	0,9725	2:59:14	2:54:18	448	505	1396	1453
8	Steiniger	Bernd	m	1970	46	M45						0,9192	37:06	34:06	451	644	0,9273	1:26:49	1:20:30	334	489	0,9273	3:03:59	2:50:36	397	549	1182	1334
9	Becker	Manfred	m	1968	48	M45						0,9043	38:49	35:06	356	575	0,9117	1:26:40	1:19:01	337	529	0,9117	3:14:56	2:57:43	291	465	984	1158
10	Baumgart	Peter	m	1959	57	M55						0,8369	40:44	34:05	263	645	0,8417	1:31:35	1:17:05	237	585	0,8417	3:13:05	2:42:31	307	653	807	1153
11	Hasenknopf	Stefan	m	1975	41	M40						0,9566	36:52	35:16	464	564	0,9658	1:22:29	1:19:40	437	511	0,9658	2:59:53	2:53:44	441	411	1342	1312
12	Rusch	Daniel	m	1957	59	M55						0,8220	39:43	32:39	310	749	0,8261	1:31:25	1:15:31	240	631	0,8261	3:27:01	2:51:01	193	544	743	1094
13	Heß	Roland	m	1950	66	M65						0,7696	42:49	32:57	178	727	0,7717	1:37:30	1:15:14	139	640	0,7717	3:19:30	2:33:57	251	773	568	1090
13	Kautz	Dirk	m	1966	50	M50						0,8893	39:04	34:45	343	599	0,8961	1:31:43	1:22:11	234	445	0,8961	3:13:40	2:53:33	302	513	879	1090
15	Schröder	Uwe	m	1966	50	M50						0,8893	40:57	36:25	253	492	0,8961	1:31:10	1:21:42	265	457	0,8961	3:23:42	3:02:32	217	412	735	930
16	Erfkamp	Norbert	m	1964	52	M50						0,8743	43:55	38:24	140	378	0,8806	1:37:06	1:25:30	145	364	0,8806	3:26:31	3:01:52	196	419	481	704
17	Thompson	Raymond	m	1952	64	M60						0,7846	48:03	37:42	37	416	0,7872	1:51:23	1:27:41	10	315	0,7872	3:31:37	2:46:35	160	600	207	647
18	Schatz	Michael	m	1957	59	M55	0,8198	20:56	17:10	94	464	0,8220	43:05	35:25	168	555	0,8261	1:39:24	1:22:07	114	446	0,8261	4:08:08	3:24:59	9	208	385	584
19	Wagner	Peter	m	1967	49	M45						0,8968	43:20	38:52	159	353	0,9039	1:38:11	1:28:45	130	293	0,9039	3:39:03	3:18:00	115	264	404	553
20	Roth	Carsten	m	1961	55	M55						0,8519	47:02	40:04	56	294	0,8572	1:40:30	1:26:09	99	349	0,8572	3:40:33	3:09:03	107	346	262	501
21	Baumfelder	Helge	m	1964	52	M50						0,8743	44:31	38:55	121	350	0,8806	1:37:44	1:26:04	136	351	0,8806	4:03:03	3:34:02	19	145	276	402
22	Kleiber	Andreas	m	1963	53	M50						0,8669	45:13	39:12	100	336	0,8728	1:43:59	1:30:45	62	253	0,8728	3:55:20	3:25:24	41	204	203	366
23	Fischer	Christian	m	1964	52	M50						0,8743	45:30	39:47	93	307	0,8806	1:47:47	1:34:55	31	179	0,8806	3:49:10	3:21:48	65	232	189	356
24	Sühlo	Betram	m	1968	48	M45						0,9043	45:56	41:32	82	228	0,9117	1:40:00	1:31:10	106	245	0,9117	4:00:34	3:39:19	25	113	213	301
25	Beier	Detlef	m	1955	61	M60						0,8070	48:38	39:15	28	333	0,8106	1:53:36	1:32:05	4	227	0,8106	4:04:48	3:18:26	15	260	47	292
26	Bellack	Horst-Dieter	m	1956	60	M60						0,8145	52:37	42:51	1	177	0,8183	1:53:43	1:33:03	3	210	0,8183	4:04:20	3:19:56	17	248	21	252
27	Kuhlmann	Detlef	m	1954	62	M60						0,7995	50:14	40:10	9	289	0,8028	1:55:45	1:32:55	1	212	0,8028	4:22:12	3:30:30	1	168	11	178
27	Baumann	Holger	m	1979	37	M35						0,9822	44:57	44:09	108	132	0,9882	1:50:59	1:49:40	13	19	0,9882	3:53:57	3:51:11	46	57	167	178
29	Kischkel	Markus	m	1973	43	M40						0,9417	49:13	46:21	20	75	0,9506	1:47:39	1:42:20	32	78	0,9506	3:57:55	3:46:10	33	78	85	130
30	Weinhold	Peter	m	1953	63	M60						0,7921	53:32	42:24	1	194	0,7950	1:51:32	1:28:40	10	294	0,7950	4:48:06	3:49:02	1	65	12	76
31	Hoffmann	Holger	m	1969	47	M45						0,9117	46:34	42:27	66	192	0,9195	1:52:41	1:43:37	6	65	0,9195	4:49:37	4:26:18	1	1	73	73
32	Schmidt	Jens	m	1969	47	M45						0,9117	52:07	47:31	1	47	0,9195	2:00:57	1:51:13	1	12	0,9195	4:36:20	4:14:05	1	2	3	4
33	Mc Laughlin	Michael	m	1966	50	M50						0,8893	55:00	48:55	1	24	0,8961	2:10:05	1:56:34	1	1	0,8961	5:15:18	4:42:32	1	1	3	3

G	Name	Vorname	m/w	JG	Alter 2016	AK	Alters-Bonus	10 km Zeit	ber. Zeit	Pkt.	ber. Pkt.	Alters-Bonus.	HM Zeit	ber. Zeit.	Pkt.	ber. Pkt.	Alters-Bonus	Marathon Zeit	ber. Zeit	Pkt.	ber. Pkt.	Pkt. (Gesamt)	ber. Pkt. (Gesamt)
1	Parsiegla	Karsta	w	1963	53	W50	0,8535	38:26	32:48	838	1116	0,8478	1:25:38	1:12:36	779	1084	0,8466	2:55:10	2:28:18	898	1149	2515	2766
2	Holland	Annika	w	1982	34	W30	0,9955	38:46	38:36	823	830	0,9931	1:30:07	1:29:30	712	724	0,9953	3:09:44	3:08:50	775	782	2310	2317
3	Schulze	Nicole	w	1987	29	WH	1,0000	40:45	40:45	735	735	1,0000	1:31:54	1:31:54	679	679	1,0000	3:10:48	3:10:48	766	766	2180	2180
4	Rathke	Monika	w	1969	47	W45	0,9259	41:47	38:41	691	716	0,9201	1:34:13	1:26:41	636	779	0,9223	3:26:46	3:10:42	642	767	1969	2094
5	Hain	Ulrike	w	1977	39	W35	0,9768	41:32	40:34	702	743	0,9724	1:33:01	1:30:27	658	706	0,9757	3:25:19	3:20:20	653	691	2013	2051
6	Tamms	Jessica	w	1979	37	W35	0,9860	41:58	41:23	684	708	0,9823	1:34:52	1:33:11	625	655	0,9854	3:39:54	3:36:41	549	571	1858	1880
7	Wendt	Kirsten	w	1970	46	W45	0,9259	43:20	40:07	628	763	0,9201	1:37:36	1:29:48	577	719	0,9223	3:43:28	3:26:06	524	647	1729	1852
8	Bartels	Nelia	w	1957	59	W55	0,7905	49:45	39:20	399	797	0,7848	1:55:44	1:30:50	308	699	0,7806	4:12:20	3:16:58	349	717	1056	1424
9	Przibilla	Elisa	w	1961	55	W55	0,8325	49:57	41:35	393	700	0,8268	1:55:19	1:35:21	313	616	0,8246	4:11:23	3:27:17	354	638	1060	1344
10	Bartels	Nadejda	w	1976	40	W40	0,9713	47:45	46:23	465	513	0,9666	1:49:54	1:46:14	385	438	0,9699	3:56:33	3:49:26	440	485	1290	1335
11	Basedow	Grit	w	1970	46	W45	0,9259	49:09	45:30	419	545	0,9201	1:54:51	1:45:40	319	452	0,9223	4:02:20	3:43:30	405	524	1143	1262
12	Lahmann	Sabine	w	1964	52	W50	0,8640	48:18	41:44	447	694	0,8583	1:42:48	1:28:14	74	748	0,8576	3:53:42	3:20:25	47	691	568	1212
13	Ronowski	Maren	w	1963	53	W50	0,8535	48:33	41:26	438	706	0,8478	2:02:57	1:44:14	224	469	0,8466	4:22:54	3:42:34	293	530	955	1192
14	Kußerow	Martina	w	1957	59	W55	0,7905	56:22	44:33	217	581	0,7848	1:57:53	1:32:31	284	667	0,7806	4:35:45	3:35:15	232	581	733	1082
15	Becker	Silke	w	1963	53	W50	0,8535	52:45	45:01	310	563	0,8478	2:14:59	1:54:26	114	324	0,8466	4:31:19	3:49:42	253	481	677	905