

1.

W.K.

SPIRIDON - DREIKAMPF - BERLIN / ERGEBNISLISTE
1994

| Klasse M 19 | | Jg. | Verein | 10 000 m | Pkt. | 25Km | Pkt. | Marathon | Pkt. gesamt |
|----------------------------|--|-----|------------|----------|-------|---------|-------|----------|-------------|
| 1. Thiel, Sebastian | | 75 | SCC Bln. | 43 31 0 | 312 | 1 54 21 | 347 | 3 26 42 | 347 1006 |
| männl. Hauptklasse | | | | | | | | | |
| 1. Jende, Peter | | 68 | SCC Bln | 34 27 0 | 681 | 1 31 49 | 677 | 2 37 29 | 751 2109 |
| 2. Yassini, Sassan | | 67 | SCC Bln. | 33 21 1 | 739 | 1 29 19 | 722 | 2 52 06 | 608 2069 |
| 3. Liam, Condon | | 68 | SCC Bln. | 34 25 0 | 682 | 1 34 19 | 635 | 2 42 23 | 702 2017 |
| 4. Kersten, Sven | | 68 | SCC Bln | 33 51 8 | 711 | 1 33 21 | 615 | 2 49 08 | 634 1996 |
| 5. Miels, Matthias | | 69 | BSV 92 | 34 35 0 | 674 | 1 39 23 | 554 | 2 47 45 | 648 1876 |
| 6. Druska, Frank | | 70 | BSV 92 | 34 39 0 | 670 | 1 38 10 | 572 | 2 58 03 | 557 1799 |
| 7. Schmid, Markus | | 67 | SCC Bln | 35 34 0 | 625 | 1 31 22 | 685 | 3 08 56 | 467 1777 |
| 8. Schumacher, Stefan | | 73 | Stern Bln | 36 41 0 | 573 | 1 38 39 | 565 | 3 03 38 | 509 1647 |
| 9. da Cruz, Jacinto V. | | 74 | SCC Bln. | 35 22 8 | 634 | 1 33 47 | 644 | 3 46 09 | 241 1519 |
| 10. Zumpe, Mirko | | 65 | SCC Bln. | 38 45 0 | 484 | 1 43 15 | 496 | 3 24 50 | 359 1339 |
| 11. Rogacki, Ralf | | 65 | SCC Bln. | 42 21 0 | 350 | 1 55 27 | 334 | 3 56 04 | 192 876 |
| 12. Gumm, Holger | | 65 | SCC Bln. | ----- | ----- | 1 43 18 | 495 | 3 10 14 | 457 952 |
| Klasse M 30 | | | | | | | | | |
| 1. Braun-Elvert, Lorenz | | 60 | Marburg | 32 50 1 | 768 | 1 26 53 | 771 | 2 34 19 | 782 2321 |
| 2. Reese, Sven | | 63 | SCC Bln. | 36 30 7 | 581 | 1 35 34 | 613 | 3 01 33 | 527 1821 |
| 3. Ulle, Steffen | | 61 | Ron Hill | 36 39 5 | 574 | 1 35 53 | 608 | 3 03 10 | 513 1695 |
| 4. Gill, Oliver | | 63 | PSV Bln. | 35 33 0 | 626 | 1 42 38 | 505 | 2 58 25 | 553 1684 |
| 5. Durgutovicz, Edim | | 61 | SCC Bln. | 34 53 0 | 659 | 1 37 43 | 578 | 3 15 17 | 419 1656 |
| 6. Krause, Michael | | 62 | PSV Bln. | 38 23 0 | 499 | 1 42 09 | 512 | 3 15 22 | 419 1430 |
| 7. Pringal, Andre' | | 63 | Spiridon | 46 09 0 | 232 | 1 53 45 | 354 | 3 19 12 | 393 979 |
| 8. Schikora, Burkhard | | 63 | SCC Bln. | 30 59 0 | 879 | 1 24 19 | 822 | ----- | 1701 |
| 9. Mertz, Andreas | | 60 | SCC Bln. | 33 21 0 | 739 | ----- | ----- | 2 33 14 | 793 1532 |
| 10. Cain, Mathias | | 63 | SCC Bln. | 34 13 5 | 692 | 1 29 03 | 728 | ----- | 1420 |
| Klasse M 35 | | | | | | | | | |
| 1. Preston, Stephen | | 58 | SCC Bln | 35 27 0 | 631 | 1 35 45 | 610 | 3 03 35 | 509 1750 |
| 2. Schilff, Heiko | | 59 | SCC Bln. | 36 37 0 | 576 | 1 40 07 | 543 | 2 55 41 | 577 1696 |
| 3. Broy, Ecki | | 55 | LG Nord | 36 38 0 | 575 | 1 39 39 | 550 | 2 56 35 | 569 1694 |
| 4. Menzel, Mario | | 57 | R. Fuchse | 36 32 7 | 579 | 1 38 43 | 564 | 3 00 24 | 536 1679 |
| 5. Rambach, Lutz | | 57 | SCC Bln. | 37 48 0 | 524 | 1 33 22 | 651 | 3 13 55 | 430 1605 |
| 6. Rämisch, Bertold | | 58 | LG Süd | 35 27 3 | 630 | 1 47 44 | 433 | 3 19 50 | 389 1452 |
| 7. Scholtyssek, Heinrich | | 56 | R. Fuchse | 37 09 0 | 552 | 1 42 33 | 506 | 3 23 54 | 364 1422 |
| 8. Gütde, Uwe | | 59 | SCC Bln. | 39 34 0 | 452 | 1 49 51 | 405 | 3 30 26 | 325 1182 |
| 9. Brunkal, Karl Heinz | | 55 | SCC Bln | 43 15 0 | 320 | 1 53 45 | 354 | 3 21 34 | 378 1052 |
| 10. Sobierajczyk, Michael | | 56 | PSV Bln. | 40 53 0 | 402 | 1 55 33 | 333 | 3 39 18 | 277 1012 |
| 11. Schmidt, Norbert | | 57 | LG Nord | 38 19 0 | 502 | 1 43 05 | 498 | ----- | 1000 |
| 12. Wendt, Carl Friedrich | | 56 | Weißens. | 37 56 8 | 518 | 2 00 08 | 279 | ----- | 797 |
| Klasse M 40 | | | | | | | | | |
| 1. Happersberger, Reinhold | | 54 | Post SV | 34 23 0 | 684 | 1 31 32 | 682 | 2 33 33 | 790 2156 |
| 2. Schierarend, Andreas | | 50 | LTC | 35 20 0 | 636 | 1 34 57 | 624 | 2 51 25 | 613 1873 |
| 3. Schilling, Folke | | 51 | LG Süd | 35 14 2 | 641 | 1 32 58 | 658 | 2 56 53 | 567 1866 |
| 4. Mascher, Karl | | 52 | Fließtal | 35 22 0 | 635 | 1 34 28 | 632 | 2 55 10 | 581 1848 |
| 5. Rymarowitz, Peter | | 54 | Ron Hill | 36 32 0 | 580 | 1 34 48 | 626 | 2 52 32 | 604 1810 |
| 6. Oesterreich, Wolfgang | | 52 | Ron Hill | 36 21 1 | 588 | 1 35 54 | 607 | 2 55 52 | 575 1770 |
| 7. Runkewitz, Klaus | | 54 | SSV Licht. | 37 09 7 | 551 | 1 39 43 | 549 | 3 02 01 | 523 1623 |
| 8. Zimmermann, Michael | | 54 | PSV Berl. | 38 19 0 | 502 | 1 42 29 | 507 | 3 29 05 | 333 1342 |
| 9. Zehnel, Rolf | | 51 | SCC Berl. | 39 38 0 | 449 | 1 46 06 | 455 | 3 14 04 | 428 1332 |
| 10. Schmitt, Wolfgang | | 51 | Spiridon | 41 00 8 | 393 | 1 51 40 | 381 | 3 07 38 | 477 1251 |
| 11. Pasutti, Manfred | | 54 | ----- | 39 11 2 | 467 | 1 51 55 | 377 | 3 22 26 | 373 1217 |
| 12. Kühne, Thomas | | 51 | LG Nord | 41 40 0 | 374 | 1 50 51 | 392 | 3 14 10 | 428 1204 |
| 13. Zbell, Reiner | | 52 | Fließtal | 42 39 0 | 340 | 1 53 52 | 353 | 3 17 39 | 403 1096 |
| 14. Rüsck, Norbert | | 52 | SCC Berl. | 42 21 0 | 351 | 1 51 54 | 378 | 3 24 24 | 361 1090 |
| 15. Dettmann, Jörg D. | | 51 | SCC Berl. | 41 48 0 | 369 | 1 53 11 | 361 | 3 32 51 | 312 1042 |
| 16. Stegemann, Günter | | 51 | R. Fuchse | 42 44 0 | 337 | 1 54 31 | 345 | 3 25 11 | 357 1039 |
| 17. Küstner, Peter | | 50 | SCC Berl. | 42 14 0 | 354 | 1 55 11 | 337 | 3 38 12 | 283 974 |
| 18. Knabe, Manfred | | 52 | ----- | 47 45 9 | 187 | 2 07 56 | 197 | 4 27 45 | 70 454 |
| 19. Weising, Wolfgang | | 52 | SCC Berl. | 36 25 0 | 585 | ----- | ----- | 3 07 40 | 476 1061 |

| Klasse M 45 | | Jg. | Verein | 10 000 m | Pkt. | 25 Km | Pkt | Marathon | Pkt | gesamt |
|-------------|--------------------|-----|--------------|----------|-------|---------|-------|----------|-----|--------|
| 1. | Rennung, Günter | 49 | Helios Bln. | 34 53 0 | 659 | 1 35 47 | 609 | 2 41 29 | 711 | 1979 |
| 2. | Wilutzky, Klaus | 45 | SCC Bln. | 35 50 7 | 612 | 1 35 07 | 621 | 2 44 25 | 681 | 1914 |
| 3. | Hofmann, Werner | 47 | BSV 92 | 35 59 0 | 605 | 1 37 24 | 583 | 2 49 15 | 633 | 1821 |
| 4. | Winkler, Roland | 47 | SCC Bln. | 35 23 0 | 634 | 1 34 28 | 632 | 2 58 19 | 554 | 1820 |
| 5. | Haase, Jürgen | 48 | Helos Bln. | 36 11 8 | 595 | 1 37 47 | 577 | 2 58 39 | 551 | 1723 |
| 6. | Schädlich, Rainer | 45 | SCC Bln. | 37 11 9 | 550 | 1 39 42 | 549 | 2 52 01 | 608 | 1707 |
| 7. | Köhnke, Wilfried | 47 | PSV Bln | 36 22 5 | 587 | 1 37 21 | 583 | 3 02 01 | 523 | 1693 |
| 8. | Gerigk, Johannes | 48 | SSV Lichttr. | 37 13 6 | 549 | 1 41 49 | 517 | 2 59 35 | 543 | 1609 |
| 9. | Borgert, Dirk | 45 | SCC Bln. | 37 49 1 | 523 | 1 41 11 | 527 | 3 00 36 | 539 | 1589 |
| 10. | Hübner, Bernd | 47 | Post SV | 35 56 0 | 608 | 1 52 59 | 363 | 2 51 50 | 610 | 1581 |
| 11. | Rohn, Detlef | 49 | SSV Lichttr. | 38 48 0 | 482 | 1 39 47 | 547 | 3 08 08 | 473 | 1502 |
| 12. | Koths, Norbert | 45 | SCC Bln. | 39 47 0 | 443 | 1 45 59 | 456 | 3 08 14 | 472 | 1371 |
| 13. | Preißler, Lothar | 46 | SCC Bln. | 40 52 0 | 403 | 1 46 21 | 452 | 3 02 57 | 515 | 1370 |
| 14. | Gottschalk, Dieter | 49 | R.Füchse | 40 51 0 | 403 | 1 49 20 | 412 | 3 18 10 | 400 | 1215 |
| 15. | Reschke, Manfred | 49 | SCC Bln. | 42 46 0 | 336 | 1 53 39 | 355 | 3 26 30 | 349 | 1040 |
| 16. | Eiweleit, Georg | 45 | SCC Bln. | 41 20 0 | 386 | 1 50 48 | 392 | 3 49 29 | 225 | 1003 |
| 17. | Zerbe, Andre' | 47 | SCC Bln. | 50 03 0 | 192 | 2 08 12 | 195 | 3 53 24 | 205 | 592 |
| 18. | Lindner, Wolfgang | 49 | SCC Bln. | ----- | ----- | 1 36 12 | 602 | 2 51 46 | 610 | 1212 |
| 19. | Kunth, Wolfram | 48 | PSV Bln | 55 59 0 | 0 | ----- | ----- | 4 26 53 | 71 | 71 |

| Klasse M 50 | | Jg. | Verein | 10 000 m | Pkt. | 25 Km | Pkt | Marathon | Pkt | gesamt |
|-------------|----------------------|-----|--------------|----------|------|---------|-----|----------|-------|--------|
| 1. | Friedrich, Klaus | 41 | R.Füchse | 34 34 0 | 675 | 1 32 18 | 669 | 2 45 05 | 675 | 2019 |
| 2. | Lachmann, Heinz | 44 | Ron Hill | 34 52 0 | 659 | 1 32 43 | 662 | 2 45 23 | 672 | 1993 |
| 3. | Seydler, Hans Jürgen | 41 | SCC Bln. | 36 12 0 | 595 | 1 33 38 | 646 | 2 54 02 | 591 | 1832 |
| 4. | Mittmann, Heinz | 41 | SCC Bln. | 37 07 0 | 553 | 1 39 14 | 556 | 2 54 46 | 585 | 1694 |
| 5. | Hallas, Günter | 42 | LG Nord | 36 52 9 | 565 | 1 43 48 | 488 | 2 58 14 | 555 | 1608 |
| 6. | Acampora, Joseph | 41 | BSV 92 | 37 49 0 | 532 | 1 38 47 | 563 | 3 11 51 | 445 | 1540 |
| 7. | Wodke, Horst | 42 | SCC Bln. | 39 58 8 | 436 | 1 42 02 | 514 | 2 58 07 | 566 | 1516 |
| 8. | Spengler, Wolfgang | 40 | BSV 92 | 37 55 0 | 519 | 1 44 51 | 472 | 3 03 27 | 510 | 1501 |
| 9. | Becke, Günther | 40 | Spiridon | 39 27 0 | 456 | 1 46 05 | 455 | 3 05 40 | 491 | 1402 |
| 10. | Mauguin, Andre' | 40 | ----- | 41 03 0 | 396 | 1 44 37 | 457 | 3 05 22 | 494 | 1365 |
| 11. | Paech, Wolfgang | 40 | SCC Bln. | 40 39 7 | 410 | 1 50 49 | 392 | 3 13 52 | 430 | 1232 |
| 12. | Oberthür, Dieter | 42 | SSV Lichttr. | 41 28 0 | 381 | 1 49 05 | 415 | 3 18 27 | 398 | 1194 |
| 13. | Rocke, Klaus | 43 | Fließtal | 40 58 0 | 399 | 1 53 49 | 353 | 3 16 55 | 408 | 1160 |
| 14. | Oelwein, Udo | 41 | VfL Tegel | 42 02 0 | 361 | 1 46 52 | 445 | 3 29 21 | 332 | 1138 |
| 15. | Blisch, Hans Jürgen | 44 | SCC Bln | 40 53 9 | 401 | 1 54 23 | 347 | 3 33 05 | 311 | 1059 |
| 16. | Buhl, Günter | 40 | SCC Bln. | 43 04 0 | 326 | 1 54 27 | 346 | 3 33 32 | 308 | 980 |
| 17. | Bergemann, Joachim | 41 | R.Füchse | 43 01 0 | 328 | 1 53 44 | 354 | 3 48 15 | 231 | 913 |
| 18. | Tietze, Bernd | 42 | R Füchse | 42 53 2 | 332 | 1 57 00 | 315 | 3 41 26 | 265 | 912 |
| 19. | Brandt, Hartmut | 43 | ----- | 41 23 0 | 384 | 2 01 35 | 263 | 3 48 22 | 230 | 877 |
| 20. | Hug, Hans J. | 40 | SCC Bln. | 41 34 3 | 377 | 1 59 44 | 283 | 3 54 00 | 202 | 862 |
| 21. | Klein, Klaus | 40 | BSV 92 | 46 05 0 | 234 | 1 58 15 | 300 | 3 36 18 | 293 | 827 |
| 22. | Buchheister, Burckh. | 43 | DAV | 44 45 0 | 273 | 1 59 19 | 288 | 3 43 18 | 256 | 817 |
| 23. | Post, Gunter | 40 | Spiridon | 48 20 0 | 172 | 2 02 22 | 254 | 3 52 21 | 210 | 636 |
| 24. | Schoenfeld, Kurt | 43 | ASC Sp. | 47 59 0 | 181 | 2 01 09 | 268 | 4 21 45 | 88 | 537 |
| 25. | Feddema, Franz L. | 44 | Weißensee | 37 52 0 | 521 | 1 42 17 | 510 | ----- | ----- | 1031 |

| Klasse M 55 | | Jg. | Verein | 10 000 m | Pkt. | 25 Km | Pkt | Marathon | Pkt | gesamt |
|-------------|----------------------|-----|-------------|----------|------|---------|-----|----------|-----|--------|
| 1. | Lorenz, Folker | 39 | E.Berl.Bär | 39 14 6 | 464 | 1 40 22 | 539 | 3 00 29 | 536 | 1539 |
| 2. | Stadermann, Wolfgang | 37 | SCC Berl. | 39 14 0 | 465 | 1 43 37 | 490 | 2 57 32 | 561 | 1516 |
| 3. | Globisch, Klaus | 38 | SCC Bln. | 37 27 0 | 539 | 1 49 14 | 413 | 3 01 40 | 526 | 1478 |
| 4. | Huke, Rudi | 38 | LG Nord | 38 52 0 | 479 | 1 41 25 | 523 | 3 07 59 | 474 | 1476 |
| 5. | Waldmann, Heinrich | 38 | LG Nord | 38 29 0 | 495 | 1 47 28 | 437 | 3 10 31 | 455 | 1387 |
| 6. | Gentzow, Klaus Diet. | 39 | Stolpertr. | 40 12 0 | 427 | 1 49 45 | 406 | 3 16 09 | 413 | 1246 |
| 7. | Giesler, Heinz Joach | 36 | Steinbergh. | 41 20 0 | 386 | 1 49 10 | 414 | 3 15 31 | 418 | 1218 |
| 8. | Kriltz, Horst | 37 | ----- | 42 23 0 | 349 | 1 50 08 | 401 | 3 19 21 | 392 | 1142 |
| 9. | Pflaum, Helmut | 39 | VfV Spand | 42 31 1 | 344 | 1 49 56 | 404 | 3 24 38 | 360 | 1108 |
| 10. | Schmacke, Udo | 39 | ----- | 39 32 0 | 453 | 1 47 06 | 442 | 3 59 37 | 174 | 1069 |
| 11. | Kammholz, Kurt | 37 | SCC Bln. | 43 36 0 | 309 | 1 55 47 | 330 | 3 15 00 | 421 | 1060 |
| 12. | Meißner, Axel | 35 | VfL Tegel | 43 08 0 | 324 | 1 51 31 | 383 | 3 32 15 | 315 | 1022 |
| 13. | Templin, Manfred | 37 | PSV Berl. | 43 05 1 | 326 | 1 58 43 | 295 | 3 35 03 | 300 | 921 |
| 14. | Balke, Ingo | 39 | VfL Tegel | 44 01 0 | 296 | 2 01 03 | 269 | 3 31 09 | 321 | 886 |
| 15. | Kaulbars, Reiner | 39 | ----- | 44 08 0 | 292 | 2 01 31 | 264 | 3 45 33 | 244 | 800 |
| 16. | Scheidereiter, Hrsto | 35 | Brandenburg | 44 47 3 | 272 | 2 05 11 | 225 | 3 48 10 | 231 | 728 |
| 17. | Sellke, Manfred | 35 | LG Spandau | 45 56 0 | 238 | 2 06 46 | 209 | 3 39 05 | 278 | 725 |
| 18. | Behr, Götz | 39 | VfL Tegel | 47 18 0 | 199 | 2 04 45 | 229 | 3 43 57 | 252 | 680 |

| Klasse M 55 | | Name | Jg. | Verein | 10 000 m | Pkt. | 25 Km | Pkt. | Marathon | Pkt | gesamt |
|----------------------------------|----------------------|------|-------------|---------|----------|---------|-------|---------|----------|------|--------|
| 19. | Henkel, Hans Peter | 37 | BSG Bund | 46 42 0 | 216 | 2 08 31 | 191 | 4 04 01 | 154 | 561 | |
| 20. | Hoffmann, Joachim | 38 | LG Süd | 48 49 7 | 159 | 2 22 02 | 72 | 4 26 23 | 73 | 304 | |
| 21. | Schulze, Wolfgang | 35 | ASC Spand. | 50 29 0 | 118 | ----- | ----- | ----- | ----- | 118 | |
| Klasse M 60 | | | | | | | | | | | |
| 1. | Hohmann, Leo | 33 | Lok Potsdam | 39 18 0 | 462 | 1 43 50 | 487 | 3 10 06 | 458 | 1407 | |
| 2. | Orlowski, Horst | 33 | BSV 92 | 43 10 3 | 323 | 1 58 29 | 297 | 3 32 43 | 313 | 933 | |
| 3. | Preller, Horst | 34 | Spiridon | 41 58 5 | 366 | 2 04 00 | 237 | 3 34 05 | 305 | 908 | |
| 4. | Duske, Hans | 33 | ----- | 45 25 0 | 253 | 2 01 04 | 269 | 3 32 42 | 313 | 835 | |
| 5. | Pasch, Gustav | 32 | LG Spand. | 46 23 1 | 225 | 2 02 48 | 250 | 3 48 35 | 229 | 704 | |
| 6. | Tschirsch, Walter | 31 | ASV Berl. | 48 36 0 | 165 | 2 20 27 | 85 | 4 36 25 | 43 | 293 | |
| 7. | Schädlich, Friedrich | 34 | PSV Berl. | 41 24 0 | 383 | 1 50 39 | 394 | ----- | ----- | 777 | |
| Klasse M 65 | | | | | | | | | | | |
| 1. | Tietz, Gerd | 27 | ----- | 49 01 0 | 154 | 2 06 32 | 211 | 3 45 24 | 245 | 610 | |
| 2. | Jänicke, Heinz | 27 | LG Spand. | 51 56 0 | 84 | 2 19 59 | 89 | 4 20 23 | 92 | 265 | |
| Klasse M 65 mit 5 000 meter Lauf | | | | | | | | | | | |
| 10 km | | | | | | | | | | | |
| 1. | Esch, Fred | 26 | LG Spand. | 24 10 4 | 86 | 2 08 40 | 190 | 47 35 0 | 192 | 468 | |
| 3. | Kallen, Hans Walter | 29 | SCC Bln | ----- | ----- | 2 09 34 | 181 | 4 03 57 | 155 | 336 | |
| M 70 | | | | | | | | | | | |
| 1. | Brecht, Hermann | 21 | SCC Bln | 44 38 0 | 277 | 2 09 41 | 180 | 4 03 16 | 158 | 615 | |
| Wertung der Frauen Hauptklasse | | | | | | | | | | | |
| 1. | Renz, Sylvia | 69 | SCC Bln | 34 20 4 | 686 | 1 43 10 | 497 | 2 37 58 | 746 | 1929 | |
| 2. | Henkel, Sabine | 66 | Spiridon | 44 03 0 | 295 | 2 02 05 | 258 | 3 58 17 | 181 | 734 | |
| 3. | Behr, Sonja | 74 | VfL Tegel | 45 44 0 | 244 | 2 05 50 | 218 | 3 52 38 | 209 | 671 | |
| Klasse W 30 | | | | | | | | | | | |
| 1. | Hössler, Marita | 60 | Parkhopper | 42 34 0 | 343 | 1 55 13 | 337 | 3 26 18 | 350 | 1030 | |
| 2. | Quander, Carola | 63 | VfL Tegel | 44 00 0 | 296 | 2 04 05 | 236 | 3 38 32 | 281 | 813 | |
| 3. | Boldin, Birgit | 61 | Parkhopper | 45 34 0 | 249 | 2 01 19 | 266 | 3 43 55 | 252 | 767 | |
| 4. | Krebs, Martina | 62 | Parkhopper | 48 45 0 | 161 | 2 19 26 | 93 | 4 04 50 | 151 | 405 | |
| 5. | Menger, Silvia | 63 | Parkhopper | 49 48 0 | 135 | 2 13 58 | 140 | 4 10 51 | 126 | 401 | |
| Klasse W 35 | | | | | | | | | | | |
| 1. | Kreis, Regina | 55 | Asphaltmaus | 43 36 0 | 309 | 1 59 52 | 282 | 3 42 31 | 259 | 850 | |
| 2. | Rennung, Bärbel | 55 | Helos Bln. | 44 37 0 | 277 | 2 03 31 | 242 | 3 30 29 | 325 | 844 | |
| Klasse W 40 | | | | | | | | | | | |
| 1. | Heymann, Veronika | 50 | SCC Bln. | 42 05 7 | 359 | 1 58 44 | 294 | 3 23 37 | 366 | 1019 | |
| 2. | Backhaus, Helga | 52 | SCC Bln. | 43 29 0 | 313 | 1 58 54 | 292 | 3 23 15 | 368 | 973 | |
| 3. | Cote, Eva-Maria | 54 | Parkhopper | 44 01 4 | 295 | 1 56 39 | 319 | 3 42 21 | 260 | 874 | |
| 4. | Küstner, Uta | 54 | SCC Bln. | 44 35 0 | 278 | 2 00 51 | 271 | 3 39 05 | 278 | 827 | |
| 5. | Mügge, Regina | 50 | Triathl F. | 44 25 0 | 283 | 2 03 45 | 239 | 3 45 27 | 245 | 767 | |
| 6. | Stenschke, Angelika | 53 | Parkhopper | 45 21 0 | 255 | 2 06 02 | 216 | 3 38 52 | 279 | 750 | |
| 7. | Karnatz, Regine | 54 | Fließtal | 48 10 0 | 176 | 2 11 42 | 160 | 3 52 11 | 211 | 547 | |
| 8. | Quander, Sabine | 53 | VfL Tegel | 48 18 0 | 173 | 2 15 24 | 128 | 3 52 30 | 210 | 511 | |
| 9. | Preißler, Monika | 50 | SCC Bln. | 48 34 0 | 166 | 2 12 08 | 156 | 4 09 46 | 130 | 452 | |
| 10. | Manntz, Irmgard | 51 | Parkhopper | 50 11 0 | 125 | 2 14 04 | 139 | 4 09 27 | 131 | 395 | |
| 11. | Dettmann, Margit | 51 | SCC Bln | 49 48 0 | 135 | 2 17 37 | 109 | 4 12 31 | 119 | 363 | |
| 12. | Würpel, Jutta | 54 | Parkhopper | 52 26 0 | 73 | 2 21 06 | 79 | ----- | ----- | 152 | |
| Klasse W 45 | | | | | | | | | | | |
| 1. | Koths, Johanna | 49 | SCC Bln | 41 53 9 | 366 | 1 57 05 | 314 | 3 22 18 | 374 | 1054 | |
| 2. | Heine, Christl | 48 | SCC Bln | 44 22 5 | 284 | 2 01 17 | 266 | 3 28 46 | 335 | 885 | |
| 3. | Bechthold, Ulrike | 47 | Parkhopper | 44 23 0 | 284 | 1 58 15 | 300 | 3 43 52 | 253 | 837 | |
| 4. | Mittmann, Helga | 48 | Fließtal | 45 18 0 | 256 | 2 06 34 | 211 | 3 53 09 | 206 | 673 | |
| 5. | Friedrich, Barbara | 49 | R. Fuchse | 47 47 0 | 186 | 2 08 47 | 189 | 3 45 55 | 242 | 617 | |
| 6. | Pflaum, Sabine | 46 | LG Spand. | 51 58 5 | 83 | 2 19 28 | 93 | 3 25 35 | 354 | 530 | |
| 7. | Schelte-Groß, Hella | 45 | VfL Tegel | 48 32 0 | 167 | 2 16 26 | 119 | 4 03 14 | 158 | 444 | |
| 8. | Osterland, Brigitta | 47 | R. Fuchse | 55 17 0 | 14 | 2 27 41 | 30 | 4 28 58 | 65 | 109 | |
| 9. | Eiweleit, Doris | 49 | SCC Bln. | 45 44 7 | 243 | 2 10 55 | 167 | ----- | ----- | 410 | |
| 10. | Stephan, Hannelore | 48 | Parkhopper | 47 24 0 | 197 | ----- | ----- | ----- | ----- | 197 | |
| Klasse W 50 | | | | | | | | | | | |
| 1. | Dr. Lomsky, Sigrid | 42 | SCC Bln. | 42 35 0 | 342 | 2 01 40 | 262 | 3 13 55 | 430 | 1034 | |
| 2. | Troester, Susanne | 43 | Parkhopper | 43 18 0 | 319 | 1 54 39 | 343 | 3 28 33 | 336 | 998 | |
| 3. | Krüger, Ute | 41 | LG Nord | 43 23 2 | 316 | 1 54 51 | 341 | 3 42 41 | 259 | 916 | |
| 4. | Eichner, Sigrid | 40 | SCC Bln. | 47 04 0 | 206 | 2 07 01 | 206 | 3 36 10 | 294 | 706 | |
| 5. | Sack-Kongehl, Hilde | 43 | Parkhopper | 48 54 0 | 157 | 2 15 58 | 123 | 4 01 55 | 163 | 443 | |
| 6. | Hübscher-Kaulbars H. | 43 | SCC Bln. | 52 16 0 | 77 | 2 18 35 | 101 | 4 09 59 | 129 | 307 | |

| Klasse W 50 Name | | Jg | Verein | 10 00 m | Pkt. | 25 Km | Pkt. | Marathon | Pkt. | gesamt |
|---|--------------------|----|-------------|----------|------|---------|------|----------|-------|--------|
| 7. | Orlowski, Christa | 41 | Helios | 49 52 0 | 133 | 2 17 32 | 110 | 5 02 39 | 0 | 243 |
| 8. | Conradt, Heidilore | 42 | R.Füchse | 52 03 0 | 82 | 2 22 44 | 67 | 4 32 53 | 53 | 202 |
| 9. | Balke, Doris | 42 | Parkhopper | 56 30 0 | 0 | 2 21 08 | 79 | ----- | ----- | 79 |
| Klasse W 55 | | | | | | | | | | |
| 1. | Hübner, Ilse | 39 | Parkhopper | 48 13 0 | 175 | 2 11 07 | 165 | 4 00 39 | 169 | 509 |
| 2. | Bartels, Annemarie | 39 | Fließtal | 49 04 00 | 153 | 2 14 09 | 139 | 3 59 33 | 174 | 466 |
| 3. | Henkel, Ingeborg | 39 | Spiridon | 55 45 0 | 4 | 2 29 18 | 18 | 4 36 26 | 43 | 65 |
| 4. | Hagemann, Eva | 36 | Parkhopper | 48 05 0 | 178 | 2 14 34 | 135 | 4 52 10 | 0 | 313 |
| 5. | Meißner, Regine | 37 | VfL Tegel | 56 57 0 | 0 | 2 44 16 | 0 | 5 32 40 | 0 | 0 |
| Klasse W 60 | | | | | | | | | | |
| | | | | 5000 m | | 25 Km | | 10 000 m | | |
| 1. | Frischke, Luci | 32 | Temph/Mard. | 23 53 5 | 155 | 2 12 45 | 182 | 47 56 0 | 151 | 488 |
| 2. | Triest, Hella | 34 | SCC Bln. | 24 25 6 | 73 | 2 17 39 | 109 | 49 19 1 | 147 | 329 |
| ===== | | | | | | | | | | |
| Anmerkung: Punktetabelle endet bei 10 Km 55:55:4 25 Km 2:31:36 Marathon 4:51:30 | | | | | | | | | | |
| ===== | | | | | | | | | | |

Mannschaftswertung der Senioren

H-M=Hauptmannschaft

| | | | | | | |
|-----|------------------|---------------|--------------|---------------|------|--------|
| 1. | Ron Hill | H.Lachmann | P.Rymarowicz | W.Oesterreich | 5573 | 1.H-M |
| 2. | SCC I | C.Wilutzky | H.J. Seydler | S.Reese | 5567 | 2.H-M |
| 3. | Reind.Füchse | Kl.Friedrich | M.Menzel | H.Scholtyssek | 5120 | 3.H-M |
| 4. | SCC II. | R.Winkler | R.Schädlich | D.Borgert | 5106 | 1.M 45 |
| 5. | SCC III. | St.Preston | H.Schilff | L.Rambach | 5051 | 1.M 35 |
| 6. | BSV 92 | W.Hofmann | J.Acampora | W.Spengler | 4862 | 4.M-H |
| 7. | PSV Berlin | W.Köhnke | O.Gill | M.Krause | 4807 | 5.M-H |
| 8. | LG Nord | E.Broy | G.Hallas | R.Huke | 4778 | 6.M-H |
| 9. | SSV Lichtenr. | K.Runkewitz | J.Gerigk | D.Rohn | 4734 | 7.M-H |
| 10. | SCC IV. | H.Mittmann | H.Wodke | W.Paech | 4442 | 1.M-50 |
| 11. | LC Fließtal | K.Mascher | R.Zbell | K.Rocke | 4104 | 8.M-H |
| 12. | SCC V. | W.Stadermann | K.Globisch | K.Kammholz | 4054 | 1.M 55 |
| 13. | SCC VI. | N.Koths | L.Preißler | M.Reschke | 3781 | 2.M 45 |
| 14. | LC Spiridon | G.Becke | W.Schmitt | A.Pringal | 3632 | 9.M-H |
| 15. | LG Süd | F.Schilling | B.Rämisch | J.Hoffmann | 3622 | 10.M-H |
| 16. | SCC VII. | R.Zehnel | N.Rüsch | J.D.Dettmann | 3464 | 1.M 40 |
| 17. | PSV Berlin II. | M.Sobirajczyk | M.Zimmermann | M.Templin | 3275 | 2.M 35 |
| 18. | SCC VIII. | U.Güdde | K.H.Brunkal | P.Küstner | 3208 | 3.M 35 |
| 19. | Reind.Füchse II. | G.Stegemann | D.Gottschalk | J.Bergemann | 3167 | 2.M 40 |
| 20. | RC Tegel | U.Oelwein | I.Balke | A.Meißner | 3046 | 11.M-H |
| 21. | SCC IX. | H.Hug | H.J. Blisch | G.Buhl | 2901 | 2.M 50 |
| 22. | LG Spandau | H.Pflaum | M.Sellke | G.Pasch | 2597 | 12.M-H |

Mannschaftswertung der Seniorinnen

W-H= weibliche Hauptmannschaft

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|-----|------------------|----------------|-------------|-------------|------|--------|
| 1. | SCC I. | J.Koths | V.Heymann | S.Lomsky | 3 07 | 1.W-H |
| 2. | Parkhoppers I. | M.Hössler | E.M.Cote | S.Troester | 2902 | 2.W-H |
| 3. | SCC II | H.Backhaus | U.Küstner | M.Preißler | 2212 | 1.W 40 |
| 4. | Parkhoppers II. | A.Stenschke | I.Manntz | U.Bechthold | 1983 | 2.W 40 |
| 5. | SCC III. | Ch.Heine | S.Eichner | M.Dettmann | 1954 | 3.W 40 |
| 6. | VfL Tegel | H.Schelke-Groß | S.Quander | C.Quander | 1768 | 3.W-H |
| 7. | LC Fließtal | R.Karnatz | H.Mittmann | A.Bartels | 1686 | 4.W-H |
| 8. | Parkhoppers III. | B.Boldib | M.Krebs | S.Menger | 1573 | 1.W 30 |
| 9. | Parkhoppers IV. | H.Sack-Kongehl | I.Hübner | E.Hagemann | 1265 | 1.W 50 |
| 10. | Reind.Füchse | B.Oesterland | B.Friedrich | H.Conrad | 928 | 5.W-H |

Ergebnisliste der Spiridonteilnehmer die Ultraläufe bestritten haben

| | | | | | | |
|-----|---------------------|----|---------------|---------|-----------|----------|
| 1. | Hans Jürgen Seydler | 41 | SCC Bln | 24.9. | Kiel | 8:11.27 |
| 2. | Karl Mascher | 52 | Fließtal | 16.4. | Rodenbach | 8:16.30 |
| 3. | Lothar Preißler | 46 | SCC Bln. | 24.9. | Kiel | 8:29.11 |
| 4. | Norbert Koths | 45 | SCC Bln. | 24.9. | Kiel | 8:37.31 |
| 5. | Roland Winkler | 47 | SCC Bln. | 26.3. | Kienbaum | 8:39.03 |
| 6. | Heinrich Waldmann | 38 | LG Nord | 26.3. | Kienbaum | 8:56.24 |
| 7. | Horst Preller | 34 | Spiridon | 24.9. | Kiel | 9:24.26 |
| 8. | Thomas Kühne | 51 | LG Nord | 16.4. | Rodenbach | 9:36.34 |
| 9. | Günter Becke | 40 | Spiridon | 26.3. | Kienbaum | 9:52.04 |
| 10. | Gerd Tietz | 27 | ----- | 3/4. 6 | Biel | 12:06.56 |
| 11. | Hans Peter Henkel | 37 | BSG Bund | 3/4. 6. | Biel | 13:29.27 |
| 12. | Kurt Schoenfeld | 43 | ASC Spand. | 3/4.6. | Biel | 14:06.00 |
| 13. | Wolfgang Schulze | 35 | ASC Spandau " | | Biel | 14:24.13 |

Köhnke, Wilfried 47 PSV 19.06. Brühl 10:16:11
 leider habe ich von Ecki Broy den Wettkampfort nicht, deshalb auch keine Zeitangabe.

Ergebnisse der Frauen

| | | | | | | |
|----|-------------------|----|----------|--------|-----------|----------|
| 1. | Dr. Sigrid Lomsky | 42 | SCC Bln. | 16.4. | Rodenbach | 8:19.56 |
| 2. | Helga Backhaus | 53 | SCC Bln. | 29.10. | Driburg | 8:40.46 |
| 3. | Sigrid Eichner | 40 | SCC Bln. | 10.9. | Leipzig | 10:04.59 |
| 4. | Monika Preißler | 50 | SCC Bln. | 24.9. | Kiel | 11:41.42 |
| 5. | Sabine Henkel | 66 | Spiridon | 3/4.6. | Biel | 14:02.34 |
| 6. | Ingeborg Henkel | 39 | Spiridon | 3/4.6. | Biel | 16:49.39 |

Lauf über 24 Stunden
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|-------------------|----|----------|-------|----------------|------------|
| Dr. Sigrid Lomsky | 42 | SCC Bln | 21.5. | Saegred/Ungarn | 231:500 Km |
| Helga Backhaus | 53 | SCC Bln. | 13.5 | Apeldoorn | 208:766 Km |
| Sigrid Eichner | 40 | SCC Bln | 21.5. | Saegred/Ungarn | 192: Km |
| Thomas Kühne | 51 | LG Nord | 13.5. | Apeldoorn | 192:602 Km |

Lauf über 48 Stunden
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|----------------|----|----------|--|------|------------|
| Sigrid Eichner | 40 | SCC Bln. | | Köln | 279:321 Km |
|----------------|----|----------|--|------|------------|

Allen Spiridonis nun herzliche Gratulation für das bestehen dieses Jahres, daß doch mit dem wenigen Angebot an 25 Km Läufen, nun ist diese Zeit vorbei und wir haben 1995 für die 25 Km nur noch die 21 Km, ich wünsche allen Teilnehmern für 1995 ein gesundes und gutes Laufjahr

herzlichst Euer Spiridonfritze

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